



Master•Care's Transition Program for Challenging Discharges

When Safe and Successful Discharge is Impossible

Patients whose financial situation or care needs prevent safe and/or successful discharges can become full-time "residents." These patients would benefit from a lower level of care but because of financial or other limitations, discharge is difficult... The result? They become a drain... on staff, on resources, on the balance sheet.

Finally...

Assistance & Financial Pathways to Safely Discharge Long Term Medi-Cal Patients

Master•Care is a credentialed Medi-Cal provider of Enhanced Care Management (ECM) and Community Supports (CS) under the new CalAIM program that launched this year.

January 2023, we will be serving Medi-Cal members throughout California. The program is called "Nursing Facility Transition to RCFE / Home" and with it, we can help you and your team safely-and-successfully discharge patients who may otherwise have limited financial and/or care options.

This is not the ALW program.

Under this new program, we have access to a large database of RCFE and other providers, as well as pathways to **pay for care** that were previously unavailable.

- Increase capacity for short-term rehab patients
- Save staff time and resources
- Simplify discharge coordination and planning
- Improve discharge outcomes

How it Works

Master•Care:

- Receives your referral of prospective long-term care patient
- Assesses the patient to confirm appropriateness for transition to assisted living, or home with resources
- Confirms eligibility and obtains authorization
- Matches the resident to an assisted living provider, or coordinates in-home resources
- Facilitates completion of all documentation and agreements
- Coordinates all the logistics to assure a successful transition

To learn more or to refer a patient, call (855) 836-3655.

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Nursing Facility Transition Requirements

- ☑ **Medi-Cal eligible and enrolled in the following Managed Care Plans:**
 - Anthem
 - California Health and Wellness
 - Health Net
 - Cal Viva
- ☑ **Must have some income (SSI)**
 - *Why? The Managed Care Plans will not pay for “room and board” –*
 - This income can be quite modest, but there must be some.
 - Please ask the Business Office Manager to begin application for SSI or SSDI if the patient is not already enrolled.
- ☑ **Skilled Nursing Stay for 60+ days**
- ☑ **Must be appropriate for RCFE Assisted Living**
 - Younger than 62 must obtain an exception and must be socially appropriate
 - Hoyer-lift and bed-bound can be appropriately matched –
may take longer to identify appropriate RCFE provider
 - No primary diagnosis of mental illness –
may be secondary, and must be well-managed with medication
- ☑ **Please send PT and most recent nursing notes!**
The “Face Sheet” does not likely reflect the current state of your patient
- ☑ **Medications** – Begin to transition patient to medications easily managed and/or more appropriate for RCFE. Talk to Medical Director about:
 - Alternatives to insulin injections
A patient requiring insulin injections is very difficult to place – are oral meds appropriate?
 - **OTCs** – Need to be prescribed and authorized by managed care plan – update med list
- ☑ **Patient Wants to Transition** – *We can help with this, but willingness is required.*
- ☑ **Current 602** – *We can also help with this piece*

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